

Prerequisites: Basic 4+

# FIGURE SKATING SKILLS



JANUARY 4TH - MARCH 28TH

## ON-ICE

### TUESDAY SKILLS A & B

Ice Theater  
4:15pm-4:45pm

### THURSDAY SKILLS A & B

Solo Dance  
4:15pm-4:45pm

### SATURDAY SKILLS A

Boot Camp  
6:15am-7:15am

### SATURDAY SKILLS B (High-Level)

Jr. Boot Camp  
9:00am-9:30am

### SATURDAY ADULT EDGE

9:00am-9:30am

## OFF-ICE

### MONDAY SKILLS A & B ROTATIONS

5:10pm-5:40pm

### THURSDAY SKILLS B

5:20pm-5:50pm

### THURSDAY ADVANCED

5:20pm-6:05pm

### SATURDAY SKILLS A

8:45am-9:30am

### SATURDAY SKILLS B

9:35am-10:05am

## ADULT (18+)

### Adult Only Freestyle Sessions

Thursdays 9:15am-10:45am

### Saturday Adult Edge

9:00am-9:30am

## WINTER EVENTS

**Test Session:** February 13

**National Skating Month Celebration:** February 19

**Fiesta Skate:** March 29

**SNO-KING  
ICE ARENAS**

KIRKLAND  
14326 124TH AVE NE KIRKLAND



[www.SnoKingIceArenas.com](http://www.SnoKingIceArenas.com)

# WE DEVELOP SKATERS FOR LIFE

## FREESTYLE SESSIONS

- All skaters on Sno-King Kirkland Freestyle sessions are required to be a current member of US Figure Skating Basic Skills or Full Membership. Memberships can be obtained at [www.kingsgateskatingclub.org](http://www.kingsgateskatingclub.org)
- There is to be no parent or guardian rink side in hockey boxes. Everyone is welcome to view from our bleachers.
- 30 minute freestyle sessions
- Prepaid discounted packages are available online
- Register online at [www.snokingicearenas.com](http://www.snokingicearenas.com)

## SCHEDULE

Schedule subject to change. Always check online for updated schedule information

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
6:00-6:30	Freestyle	6:00-6:30	Freestyle	6:00-6:30	Freestyle	6:00-6:30	Freestyle	6:00-6:30	Freestyle	6:00-6:30	Freestyle
6:30-7:00	Freestyle	6:30-7:00	Freestyle	6:30-7:00	Freestyle	6:30-7:00	Freestyle	6:30-7:00	Freestyle		
7:00-7:30	Freestyle	7:00-7:30	Freestyle	7:00-7:30	Freestyle	7:00-7:30	Freestyle	7:00-7:30	Freestyle	6:15-7:15	Boot Camp
7:30-8:00	Freestyle	7:30-8:00	Freestyle	7:30-8:00	Freestyle	7:30-8:00	Freestyle	7:30-8:00	Freestyle	7:15-7:45	Freestyle
8:00-8:30	Freestyle	8:00-8:30	Freestyle	8:00-8:30	Freestyle	8:00-8:30	Freestyle	8:00-8:30	Freestyle	Zam	
8:30-9:00	Freestyle	8:30-9:00	Freestyle	8:30-9:00	Freestyle	8:30-9:00	Freestyle	8:30-9:00	Freestyle	8:00-8:30	Freestyle
Zam		Zam		Zam		Zam		Zam		8:30-9:00	Freestyle
9:15-9:45	Freestyle	9:15-9:45	Freestyle	9:15-9:45	Public	9:15-9:45	Adult Only Freestyle	9:15-9:45	Freestyle	9:00-9:30	Jr. Boot Camp
9:45-10:15	Freestyle	9:45-10:15	Freestyle	9:45-10:15	Public	9:45-10:15	Adult Only Freestyle	9:45-10:15	Freestyle	9:00-9:30	Adult Edge
10:15-10:45	Freestyle	10:15-10:45	Freestyle	10:15-10:45	Public	10:15-10:45	Adult Only Freestyle	10:15-10:45	Freestyle	9:00-9:30	Bridge-Aspire
10:45-11:15	Freestyle	10:45-11:15	LTS	10:45-11:15	Public	10:45-11:15	Freestyle	10:45-11:15	Freestyle		
		12:00	Public								
2:00-2:30	Freestyle	1:45	Zam	1:45-2:15	Freestyle	2:15-2:45	Freestyle	1:45-2:15	Freestyle	Afternoon	Public
2:30-3:00	Freestyle	2:00-2:30	Public	2:15-2:45	Freestyle	2:45-3:15	Freestyle	2:15-2:45	Freestyle		
3:00-3:30	Freestyle	2:30-3:00	Public	2:45-3:15	Freestyle	3:15-3:45	Freestyle	2:45-3:15	Freestyle		
3:30-4:00	Freestyle	3:00-3:30	Public	3:15-3:45	Freestyle	3:45-4:15	Freestyle	3:15-3:45	Freestyle		
4:00-4:30	Freestyle	3:30-4:00	Public	Zam		4:15-4:45	Freestyle	Zam			
4:30-5:00	Freestyle	4:15-4:45	Ice Theater	4:00-4:30	Freestyle	4:15-4:45	Solo Dance	4:00-4:30	Freestyle		
		4:00-4:45	Public	4:30-5:00	Freestyle	4:45-5:15	Bridge-Aspire	4:30-5:00	Freestyle		
				5:00-5:30	Freestyle	4:45-5:15	Freestyle	5:00-5:30	Freestyle		
				5:30-6:00	Freestyle			5:30-6:00	Freestyle		
				6:00-7:05	LTS			6:00-7:05	LTS		

