



# CORE PLUS & CORE



Our ASPIRE program keeps costs down and motivation high as skaters enhance skills alongside their peers.

Renton Aspire Academy offers a supportive group training environment for skaters who want to develop and progress their figure skating skills. Our ASPIRE program keeps costs down and motivation high as skaters enhance skills alongside their peers.

As part of our Aspire Academy Sno-King Renton offers Core and Core Plus Skaters in these classes skaters will learn to train like a figure skater, working on the fundamentals in skating skills, spins & jumps. Skaters are introduced to proper warm-up techniques, off-ice jumps, flexibility, artistry, and conditioning in dedicated off ice classes.



## CORE PLUS

**SATURDAYS 11:10AM-12:50PM**  
**WEDNESDAYS 5:55PM-7:35PM**

## CORE

**WEDNESDAYS 6:30PM-7:35PM**



### REGISTRATION

[www.SnoKingIceArenas.com](http://www.SnoKingIceArenas.com)  
Online registration is required



### COST

#### Core Plus

Wednesdays - \$540 (12 classes)

Saturdays - \$405 (9 classes)

#### Core

Wednesdays - \$468 (12 classes)

**SNO-KING  
ICE ARENAS**

**RENTON**

12620 164TH AVE SE RENTON  
[stacey@snokingrenton.com](mailto:stacey@snokingrenton.com)



[www.SnoKingIceArenas.com](http://www.SnoKingIceArenas.com)



# LEVEL PREREQUISITES



Core class is available to skaters who have passed their Learn to Skate Basic 3 class. Classes are available to all ages with grouping divided by both ability and age.

**AQUAMARINE**

**MUST HAVE PASSED BASIC 3**

**AMETHYST**

**MUST HAVE PASSED BASIC 6**

**EMERALD**

**MUST HAVE FREE SKATE 1**

**RUBY**

**MUST HAVE FREE SKATE 3**

**SAPPHIRE**

**MUST HAVE FREE SKATE 5**

**DIAMOND**

**MUST HAVE PASSED PRE-PRELIMINARY**