

Prerequisites Vary

FIGURE SKATING SKILLS



APRIL 7TH - JUNE 29TH



ADVANCED SKILLS TRAINING

30 MIN CLASSES UNLESS NOTED OTHERWISE

MONDAYS

ON-ICE OPEN JUMPS
5:45pm

EDGE CLASS
6:20pm

TUESDAYS

OFF-ICE HP JUMPS
6:00pm

WEDNESDAYS

OFF-ICE JUMPS & ROTATIONS
5:45pm

THURSDAYS

IJS SPINS
5:45pm

AXEL & DOUBLE JUMPS
6:20pm

FRIDAYS

ON ICE POWER & AGILITY
4:30pm

OFF-ICE HP STRENGTH & CONDITIONING
6:30pm

SATURDAYS

OFF-ICE JUMPS & ROTATIONS
10:50am

SKATING SKILLS
12:00pm

SSTA

WHERE CHAMPIONS ARE MADE

SNOQUALMIE STARS TRAINING ACADEMY

ON/OFF ICE TRAINING

Saturday 9:15am- 10:50am
Tuesday 5:20pm-7:00pm

MINI STARS

Saturday 11:30pm- 12:30pm
On and Off-Ice

ADULT ACADEMY

Tuesday 6:30pm-7:30pm
Saturday 11:30am- 12:30pm

**SNO-KING
ICE ARENAS**

SNOQUALMIE
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